



**RUN REDDITCH  
10K, HALF MARATHON & JUNIORS  
SUNDAY 21ST JUNE 2026**

**EVENT GUIDE**



# YOUR RACE EXPERIENCE

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AND OFFERS**



# YMCA Race for Change

Presented by Run Redditch and RunThrough UK

## Meet us!

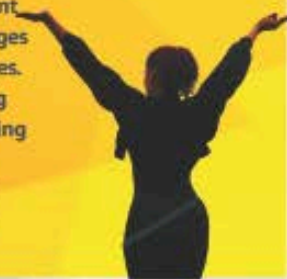
We will be there on race day, so please make sure you say hi! Our team will be ready to cheer you on, tell you more about our work, and keep you hyped for the race!



## WHY RUN FOR US?

YMCA Worcestershire is a charity dedicated to supporting young people and families across the county. We provide safe housing, education, and life skills programs, helping individuals when they need it most. Our services include accommodation for vulnerable young people, support with mental health, and opportunities for personal development.

Young people and communities in Redditch have faced significant challenges in recent years, including the cost-of-living crisis, changes in government policies, and cuts to vital funding for youth services. Rising housing costs, increased social isolation, and the ongoing strain on public services have further deepened inequalities, making it harder for many to access the support they need. These challenges highlight the growing need for community-driven initiatives that provide stability, guidance, and opportunity



We provide a safe home for 211 people in Worcestershire.



The support our residents receive reflects their aspirations to access education, training, employment, and volunteering as part of their future housing.

## YMCA WORCESTERSHIRE

REDDITCH / WORCESTER / BROMSGROVE / WYRE FOREST  
WYCHAVON / MALVERN HILLS



## HOW YOU CAN SUPPORT US

Run as part of the #YMCA Race for Change team and help us do what we do best by supporting young people and communities to thrive!

Donate or leave a gift - visit [www.ymcaworcestershire.godonate.org.uk](http://www.ymcaworcestershire.godonate.org.uk)

Find out about our volunteering opportunities as well as how to fundraise independently for us at [www.ymcaworcestershire.org.uk](http://www.ymcaworcestershire.org.uk)

Follow us on social media and share our story.

Young people are facing a housing catastrophe. Soaring rents, a lack of affordable homes and the constant risk of homelessness are leaving many locked out of the futures they deserve.

Almost two-thirds of young people surveyed in a recent YMCA report had to borrow money simply to pay their rent.

No more broken promises. No more plastering over the cracks. It's time to put words into action.

Together, we can help end the youth housing crisis.



# WELCOME

The RunThrough Team is excited to have you join us for your upcoming race!  
Our mission is straightforward:

## **TO INSPIRE ACTIVE NATIONS THROUGH RUNNING.**

By hosting inclusive and welcoming events for everyone, fuelled by our shared passion for running and community, we strive to create events that leave lasting memories for every participant.

Our team is a diverse blend of running enthusiasts and seasoned event organisers. With countless race experiences, we are experts at event organising while understanding the journey of all runners.

Rest assured, whether you're chasing a PB or completing your first race, you're among friends who understand the exhilarating highs of completing an event.

As race day approaches, safety is our top priority. Our team (pictured) will be on the ground doing everything to ensure you have the best experience at this RunThrough event.

We look forward to seeing you on race day, don't hesitate to say hello!

Wishing you the best on race day!

The RunThrough Team



**KATIE**

**KIRSTEN**

**SEAN**

# TRAVEL

Address: Arrow Valley Country Park, Battens Dr, Redditch B98 0LJ

## By Car:

Arrow Valley is located just 2 miles out of Redditch town centre and can be accessed by car very easily, click the following links for directions:

From [M42 Junction 3](#)

From [Worcester](#)

From [Bromsgrove](#)

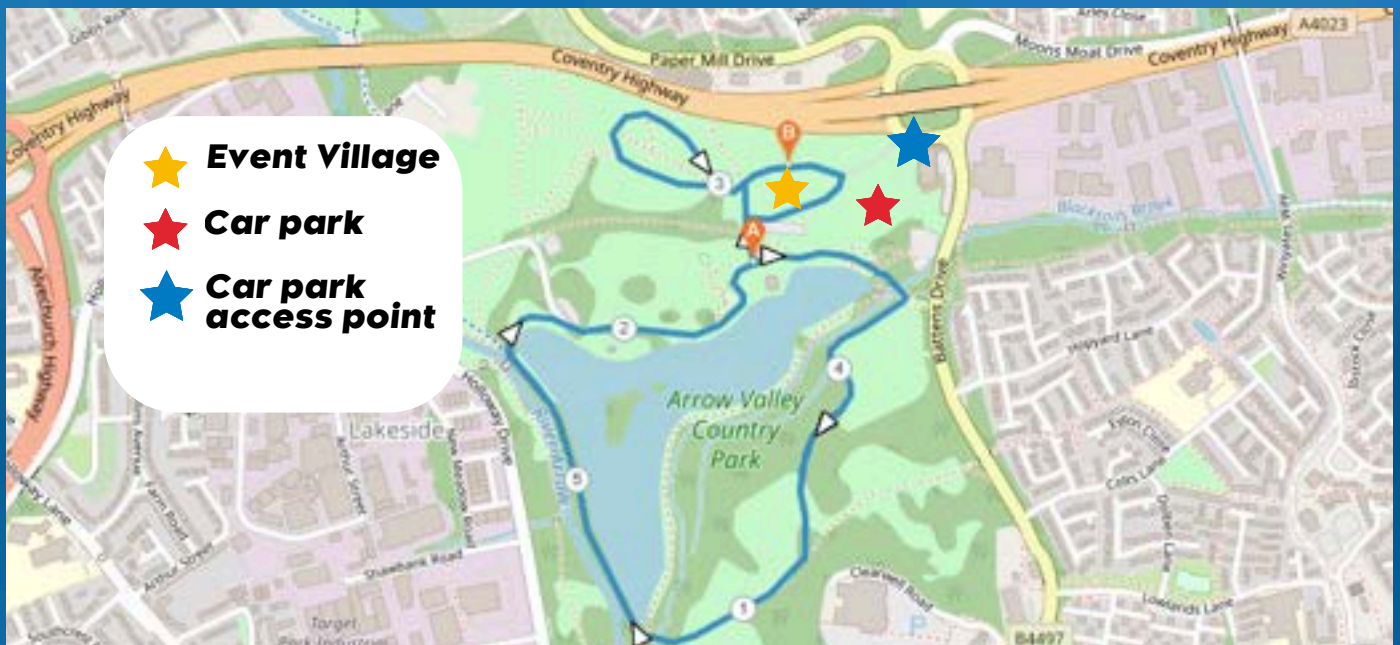
From [Birmingham and The North](#)

There is free event parking next to the event village- which can be accessed from [HERE](#)

If you wish to stay in the park after the event, please move your vehicle to the country park's main car park. The access gate out of the event car parking area will be locked at 1.30pm

## By Public Transport:

The nearest train station is Redditch, a short 7 minute taxi (2.3 miles) from the park.



what3words

[Event Village:](#)

<///hulk.frock.spider>

# RACE PACK

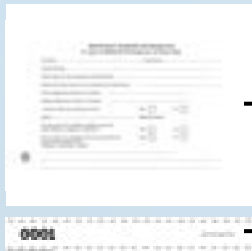
## START TIMES

10K	9:00am
HM	9:05am
JUNIORS	11:30am

## RACE PACK COLLECTION TIMES

10K	7:30-8:30am
HM	7:35-8:35am
JUNIORS	10:30am-11:00am

- On arrival make your way down to the registration desks.
- Your number will be assigned on the day.
- Attach your number to the front of your shirt or shorts (we recommend safety pins or magnets).
- Please ensure your bib is on display at all times.
- Your timing chip will be attached to the back of your race bib, please do not tamper with or try to remove this.



INCLUDED:

— BIB NUMBER  
& TIMING CHIP

— BAGGAGE LABEL



Please take a couple of minutes to fill out the brief runner information form below and on the back of your bib.

This will help us in case of an emergency!

[CLICK FOR ENTRY LIST & RESULTS](#)

[\*\*CLICK FOR FORM\*\*](#)



# EVENT VILLAGE

## FACILITIES

**TOILETS**



**REFRESHMENTS**



**PARKING NEARBY**



**SPECTATORS  
WELCOME**



## BAG DROP

- Please limit the number of belongings you bring to the event.
- Informal bag drop is within the event village for those who need it.
- Your baggage tag is attached to your race number.
- Tear off the strip and attach it to your bag.
- Leave your bag in our bag drop marquee.
- Collect your bag after your race.



## TOILETS

For this event we will use portable toilets located in the event village.

If you live locally we recommend using toilets at home.

## RACE DAY ETIQUETTE

At RunThrough we are massive advocates that running truly is for anyone. Whatever your ability, gender, age or ethnicity, we're here to support you.

Whilst at a RunThrough event, we hope you feel safe, encouraged and included. In order to achieve this, we have a few simple rules we'd like our runners to follow:

- **Be considerate and respectful to other runners, race staff & members of the public.**
- **Refrain from demeaning, discriminatory or harassing behaviour and speech.**
- **Be mindful of your surroundings and your fellow participants.**
- **Help us keep the course pleasant for everyone by refraining from pushing, spitting and littering.**

If you see or experience anything that challenges these or makes you feel uncomfortable, please don't hesitate to visit our Information tent or speak to a member of our team. (We can be found in Blue High-vis jackets!) Or if you prefer you can email us at [info@runthrough.co.uk](mailto:info@runthrough.co.uk).

We're always available to deal with any issues, offer support or simply just have a chat! We're on hand to ensure everyone has the best race day experience possible and feels supported throughout the day.

# WARM UP & RACE START

We will have a warm up in the event village 15 minutes prior to the start of the 10k race. From here, we will call out estimated finish times to get all 10k runners lined up and ready to run, followed by the Half Marathon runners.

## DURING THE RACE

We will have marshals all around the course as well as distance signs and arrows.

Half Marathon will follow Yellow mile signs 1-13.

10k will follow Green km signs 1-9.

HM- 6 Laps

10k - 3 Laps

Due to the nature of a lapped course we ask that you remain to the right of the path at all times unless otherwise instructed by signage or a marshal. This will allow for anyone needing to overtake to have a clear path on your left and ensure not only their safety but allow for the best experience throughout the race.

Please also be aware that we will have a safety bike ahead of the lead runner of each distance to prevent any collision around the laps. They will be vocal when coming towards you from behind so be sure to listen out for any additional instructions.

\*Please note - This event takes place on public paths that may also be used by pedestrians and cyclists. While every effort is made to manage shared use areas and ensure runner safety, including signage and marshal presence, we kindly ask all participants to remain aware of their surroundings throughout the race.

Please drain and discard all litter and bottles within the signed litter zone, shortly after the water station. There are no road sweepers, our event team picks up all litter by hand, so please help them to keep the course litter free for other runners and the local community.

## WATER STATIONS

There will be a water station on each lap of the course.

SiS gels will also be provided at the water station. If you choose to take a gel or provide your own, please retain the packets and tear off tops on your person, or discard within the bins provided. With respect for the marshals, venue and environment, littering of any kind won't be tolerated.

There will also be a bottle of water waiting for you at the finish line.

We recommend bringing your own water to stay hydrated in the lead up to the event.



Please note, headphones are not permitted, unless bone conducting. Should you choose to wear these, we ask you keep the volume low in order to remain aware of your surroundings at all times and can hear any marshal instructions during the race.

### LOOK OUT FOR THE LITTER ZONE SIGNAGE!

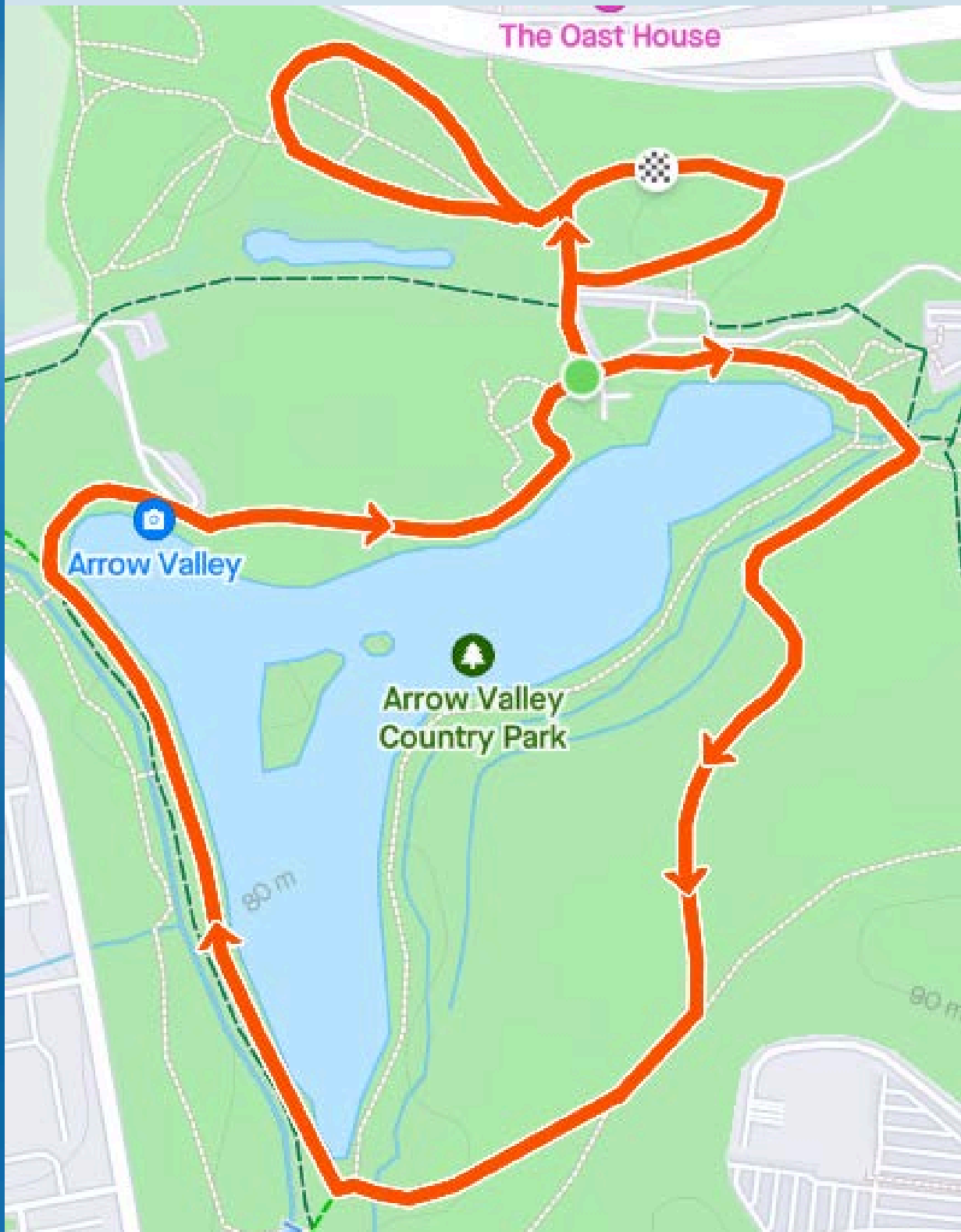


# COURSE MAP

1 lap of the course

TOK- 3 Laps

HM- 6 Laps



[CLICK FOR INTERACTIVE TOK MAP](#)

[CLICK FOR INTERACTIVE HM MAP](#)



# THE FINISH LINE

Please continue walking through the finish funnel to collect your medal and all your post-race goodies!

These will consist of a bottle of water and snacks from our sponsors.



## THE MEDAL



## EVENT MERCH

If you have purchased an event T-shirt or hoodie with your race entry, please head to the RT Kit stall on the day of your race, with your order confirmation and we will have your item ready for collection!

If you've not pre-ordered kit, but would like to purchase some, these are available below.

*(Please note: Kit purchased within 4 days of the race may not be ready to collect. Any kit not ready for collection will then be posted out.)*



**[PURCHASE HERE](#)**

# JUNIOR RACE



## JUNIORS- 1 MINI LAP

**[CLICK FOR JUNIORS INTERACTIVE MAP](#)**

Collect your race pack from registration on arrival. (Please note, no junior race packs will be posted out).

Your race pack will include your race number, timing chip, and a tear-off wristband. The wristband is to be worn by the parent/ guardian throughout the event.

Meet by the big blue flag by the info tent 15mins prior to the start time.

We'll have a group warm up at 11.30 and walk to the start together.

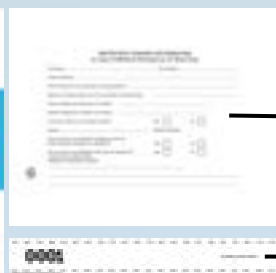
The race will start at 12.00 and will follow a 800m loop follow a 1km course consisting of a mini lap of the event village, and a mini loop of the park. There will be a lead bike and marshals along the course.

You will finish at the same finish as the other races and be funnelled into a finish pen.

Parents/ guardians are welcome to join in, or meet back up at the end.

We will have staff members checking every adult's wristband before letting your child leave the finish pen. Please have this accessible and visible on collecting your child.

When in doubt, keep an eye out for our big blue flag!



INCLUDED:

— BIB NUMBER AND  
ATTACHED TIMING CHIP

— ADULT WRISTBAND



Please note, there will be event photography during the event both within the event village and out on the course. If you do not wish for your child to be photographed or for photos to be published online following the event please inform the team at the information desk when you arrive at the event.

# RESULTS & PHOTOS

## PHOTOS

We will have a photographer taking a few snaps of the race, which will be made available on our photos page after the race.

Click the camera to visit the page!



## SOCIAL MEDIA

runthroughuk



Click the icons to visit our pages!

Shoutout your friends, celebrate your achievements and share your story with us! We love to hear from you!



Click to see our FAQ's or chat to our AI assistant for instant answers, or request to speak with a member of our team if you need further support.

**RESULTS AVAILABLE AT**  
**[WWW.RESULTS.RUNTHROUGH.CO.UK](http://WWW.RESULTS.RUNTHROUGH.CO.UK)**

## RUNTHROUGH RANKINGS

Find your times, follow your progress and watch the small wins add up across the RunThrough community at [www.RunThroughRankings.com](http://www.RunThroughRankings.com)



# GO FURTHER SEE MORE

15% off for RunThrough runners  
Use code: RTEVENTS15

[SHOP THE FULL RANGE](#)

STRUCTURE

INSPIRATION

SUPPORT

GUIDANCE

# TAKE YOUR RUNNING TO NEW LEVELS

REAL COACHES FOR REAL RUNNERS.





# GET INVOLVED!

## VOLUNTEERS

**RACE ENTRY CREDITS VALUED AT:**

- £40 - 5K/10K
  - £65 - HALF MARATHON
  - £100 - MARATHON/ULTRA
- RT KIT REWARDS ON MULTIPLE EVENTS ATTENDED**



**Here at RunThrough we are always looking for like-minded people to join our community.**

**[WWW.RUNTHROUGH.CO.UK/VOLUNTEER](http://WWW.RUNTHROUGH.CO.UK/VOLUNTEER)**



# SUMMER TRIPLE SERIES

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**JUNE**

Run any eligible RunThrough event

**JULY**

Run any eligible RunThrough event

**AUGUST**

Run any eligible RunThrough event

RUN ONE EVENT IN **JUNE**  
ONE IN **JULY**  
ONE IN **AUGUST**

**EARN YOUR SUMMER TRIPLE SERIES MEDAL!**



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Get a 10% discount code to use on any eligible June, July or August event.



**COMPLETE ALL THREE**

and earn your exclusive Summer Triple Series Medal.



**NO ADDITIONAL COST**

Just run and get your extra medal at the end of summer!

# THEY'RE MAKING A DIFFERENCE, ARE YOU?

Join thousands of runners making a difference, and start fundraising on givestar today to make every step count.

GET FUNDRAISING



**TATTON 5K & 10K**  
Created by Samantha Jones-Lockett  
Event Tatton 5k & 10k  
£230 raised of £200  
115% of target

**SURREY HALF MARATHON**  
Created by James Duncan  
Event Surrey Half Marathon  
£160 raised of £500  
32% of target

**BATTERSEA PARK RUNNING FESTIVAL**  
Created by Nicolai Deans  
Event Battersea Park Running Festival  
£350 raised of £300  
116.67% of target



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**AIM FOR 60G OF  
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PER HOUR**





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Always read the label



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POWERFUL ANTI-INFLAMMATORY TARGETS THE SOURCE OF PAIN



WORKS DEEP IN THE MUSCLE TISSUE FOR A **FASTER RECOVERY\***  
\*vs non-medicated gel.

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# Energy to test your athletic skills?

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for that

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Food supplement for adults. Do not exceed the daily recommended dose. Do not use as a substitute of a varied & balanced diet, and a healthy lifestyle. For directions for use, refer to product label.

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[Find Out More](#)

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RETREATS**

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21ST-27TH JUNE 2026

YOUR DREAM RUNNING HOLIDAY AWAITS

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**SPORTSSHOES.COM**

Interested in supporting an event?

Email: [partners@runthrough.co.uk](mailto:partners@runthrough.co.uk)