

# **DORNEY LAKE** **EVENTS**



**DORNEY LAKE**  
**EVENING 5K & 10K**  
**JULY 1ST 2026**

# YOUR RACE EXPERIENCE

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# WELCOME

**Dorney Lake Events are excited to welcome you to your upcoming race!**

At Dorney Lake Events, **we believe that everyone belongs on the start line.** Our goal is simple: to deliver inclusive, welcoming events fuelled by a shared passion for running, triathlon, and community. We want every participant to leave with great memories and a sense of achievement.

Our team is a diverse mix of sport enthusiasts and experienced event organisers. With countless races between us, we understand both the excitement of race day and the journey it takes to get there.

Whether you're chasing a new PB or taking on your very first event, you're among friends who know the exhilaration of crossing the finish line.

As race day approaches, safety remains our top priority. Our team will be on the ground working hard to ensure you have the best possible experience.

We can't wait to see you on race day—please do come and say hello!

Wishing you the very best of luck.

**The Dorney Lake Events Team**

# SWIM. RIDE. RUN. DORNEY

**DORNEY LAKE**  
**EVENTS**

# TRAVEL

 **Dorney Lake, Court Lane, off Lake End Road, Windsor SL4 6FJ**

- **By Car:** Free parking is available at Dorney Lake and will be signposted as you enter the venue.
- Please allow yourself plenty of time to walk to registration.
- Please follow the directions of the marshals to the car park. There will be a short walk to the event village. Please walk on the edge of grass alongside the path to reach the event village, keeping the path clear for other runners/duathletes on the course. This will be clearly sign posted on the day.
- **By Foot/Bike:** The lake is easily accessible by bicycle. Cycle parking is available at the venue.
- **By Rail:** Slough and Windsor & Eton Riverside is the closest train station. Please plan your route in advance.



what3words

- **Main Entrance:** [///pounds.same.fears](https://www.what3words.com/pounds.same.fears)
- **Event Village:** [///menu.lands.mimic](https://www.what3words.com/menu.lands.mimic)

# RACE PACK

**START TIMES:**

**7:00PM**

**REGISTRATION OPEN:**

**5:00PM**

## INCLUDED



BIB NUMBER  
& TIMING CHIP

BAGGAGE LABEL

**[CLICK FOR ENTRY](#)**

**[LIST & RESULTS](#)**

- On arrival make your way down to the registration desks.
- Your number will be assigned on the day.
- Attach your number to the front of your shirt (we recommend safety pins or magnets).
- Your timing chip will be attached to the back of your race bib, please do not tamper with or try to remove this.

**Please take a moment to fill out this brief runner form below and on the back of your bib to help us in case of an emergency!**

**[CLICK FOR FORM](#)**



# EVENT VILLAGE

## FACILITIES

Oarsome Coffee Van will be providing drinks and snacks.

For this event, we will use portable toilets in the event village.

You are more than welcome to spectate with dogs on leads, however running with dogs is prohibited at this event.

An unofficial baggage area will be provided at the edge of transition. Please limit the number of belongings you bring to this event and we recommend keeping personal belongings in your car if possible.



## RACE DAY ETIQUETTE

Our races are proudly all inclusive, welcoming participants of every age, ability, and background. Whether you're chasing a personal best, running your first event, or simply taking part for fun, everyone belongs on the start line and is celebrated at the finish. Race day etiquette means **respecting fellow athletes, volunteers, and spectators**—keeping to the correct side when overtaking, listening to marshals, and offering encouragement along the course. Above all, it's about creating a positive, supportive atmosphere where every runner feels valued and safe.

Help us keep the course pleasant for everyone by refraining from pushing, spitting and littering.

# RACE START

We will gather participants in the event village 10 minutes prior to the start of the races.

From here, we will call out estimated finish times to get all runners lined up in an appropriate order to start the race.

All distances will start at 7:00pm.

# DURING THE RACE

There will be marshals all around the course as well as distance signs and arrows. The course consists of laps around the right side of the lake.

10k will follow green km signs 1-9

5k will follow green km signs 1-4

10k will be four laps

5k will be two laps

Due to the nature of a lapped course we ask that you remain to the left of the path at all times unless otherwise instructed by signage or a marshal. This will allow for anyone needing to overtake to have a clear path on your right and ensure not only their safety but allow for the best experience throughout the race.

Please also be aware that we will have a safety bike ahead of the lead runner of the 5k distance to prevent any collision around the laps. They will be vocal when coming towards you from behind so be sure to listen out for any additional instructions.

Please drain and discard all litter and emptied bottles within the signed litter zone. There will be large bags and bins within this area that you will pass on each lap of your race.

# HEADPHONES

Please note, headphones are not permitted, unless bone conducting. Should you choose to wear these, we ask you to keep the volume low in order to remain aware of your surroundings at all times and can hear any marshal instructions during the race.

# COURSE MAP

## DISTANCE

10k will follow green km signs 1-9

5k will follow green km signs 1-4

Click the distances to view the Strava maps!

10k will be four laps

5k will be two laps



## WATER STATIONS

There will be water stations on each lap of the course.

There will also be a bottle of water waiting for you at the finish line.

We recommend also bringing your own drinks to stay hydrated in the lead up to the event.

# THE FINISH LINE

Please continue walking through the finish funnel to collect your medal and all your post race goodies

This will include a bottle of water and snacks from our sponsors!

## GOODIES



## THE MEDAL



# RESULTS AND PHOTOS

## PHOTOS

There will be a photographer on the course to capture all the fantastic moments of your race! These will be made available on our photos page after the race.  
Click the camera to visit the page!



## SOCIAL MEDIA



Tag us in your achievements on social media so we can celebrate all the wins together!  
Click each icon to find our pages!

[CLICK HERE TO FIND THE RESULTS PAGE!](#)

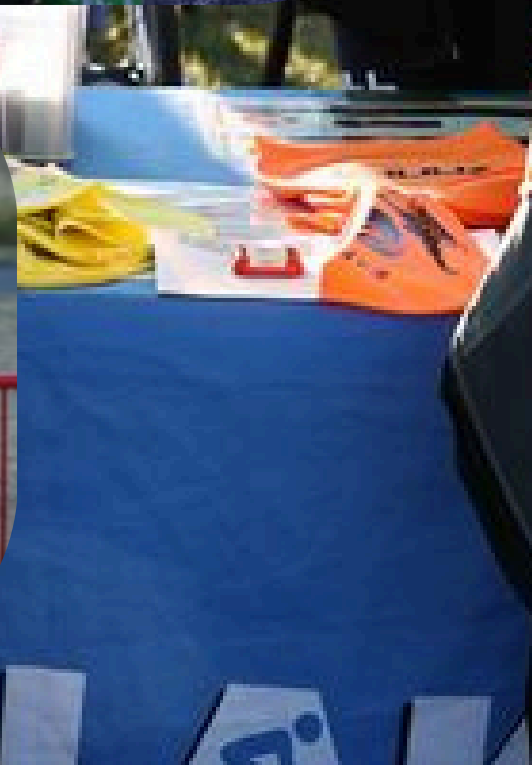
[CLICK HERE](#)  
[FOR FAQ'S](#)

# JOIN THE TEAM!

## WANT TO WORK AT AN EVENT?

If you are interested in helping out at a Dorney Lake Events please contact:

[jess@dlevents.co.uk](mailto:jess@dlevents.co.uk)



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For chasing limits

# Macmillan Cancer Support

## OFFICIAL CHARITY PARTNER



**£50 could support the offer of a personalised eHNA assessment and care plan to 10 people living with cancer.**

**£161 could provide emotional support to one person living with cancer for around eight weeks, through regular support sessions with one of our Macmillan Buddies.**

Macmillan has spent more than 100 years helping people living with cancer. From the moment someone is diagnosed, we're there with all the information, support and guidance they need, to help everyone with cancer live life as fully as they can.

The number of people living with cancer in the UK is at a record high and is still rising (almost 3.5 million), and every one of them needs the best support to meet their unique needs.

Thank you to everyone taking part for Macmillan, because of you, we can transform cancer care, raising the standard for everyone, everywhere today and into the future.

If you want to find out more about how you can get involved in Macmillan's events then head over to our website.

**[Get Involved](#)**



**MACMILLAN  
CANCER SUPPORT**

**A registered charity**



Registered with  
**FUNDRAISING  
REGULATOR**