EVENT GUIDE



MAIDENHEAD HALF MARATHON

Sunday 26th October 2025



RunThrough

YOUR RACE EXPERIENCE



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WELCOME

The RunThrough Team is excited to have you join us for your upcoming race! Our mission is straightforward:

To inspire active nations through running.

By hosting inclusive and welcoming events for everyone, fuelled by our shared passion for running and community, we strive to create events that leave lasting memories for every participant.

Our team is a diverse blend of running enthusiasts and seasoned event organisers. With countless race experiences, we are experts at event organising while understanding the journey of all runners.

Rest assured, whether you're chasing a PB or completing your first race, you're among friends who understand the exhilarating highs of completing an event.

As race day approaches, safety is our top priority. Our team (pictured) will be on the ground doing everything to ensure you have the best experience at this RunThrough event.

We look forward to seeing you on race day, don't hesitate to say hello!

Wishing you the best on race day!

The RunThrough Team


ABBY


BLAKE


SOPHIE


ROSS


ANDREAS


WILL


CAOLAN


JAMES

Alexander Devine Children's Hospice Service is delighted to be the official charity partner of Maidenhead Half Marathon!

Alexander Devine Children's Hospice Service is a charity that provides specialist care and support to children with life-limiting and life-threatening conditions, and their families, across Berkshire, South Bucks and surrounding counties.

This year, it costs over £3.4 million to run our children's hospice service.



200+
children and families currently supported.

22,803
hours of care for families in the last year.

85%
of what we need to cover our costs comes from fundraising.

How to get involved

By joining #Team Devine, you will be helping us to deliver vital respite, end of life care, and bereavement support. Our care services also include specialist play, physiotherapy, family support, symptom management, day care, and more.



- **Fundraise for us** - Want to do something amazing? Connect your Maidenhead Half Marathon fundraising page to Alexander Devine Children's Hospice Service, to start raising vital funds online today.
- **Donate** - Celebrate your incredible achievement by making a donation to Alexander Devine Children's Hospice Service.

We look forward to cheering you all on on the day! You can find us in the Race Village and at our Cheer Point along the way. Please do stop and say hello!

TRAVEL

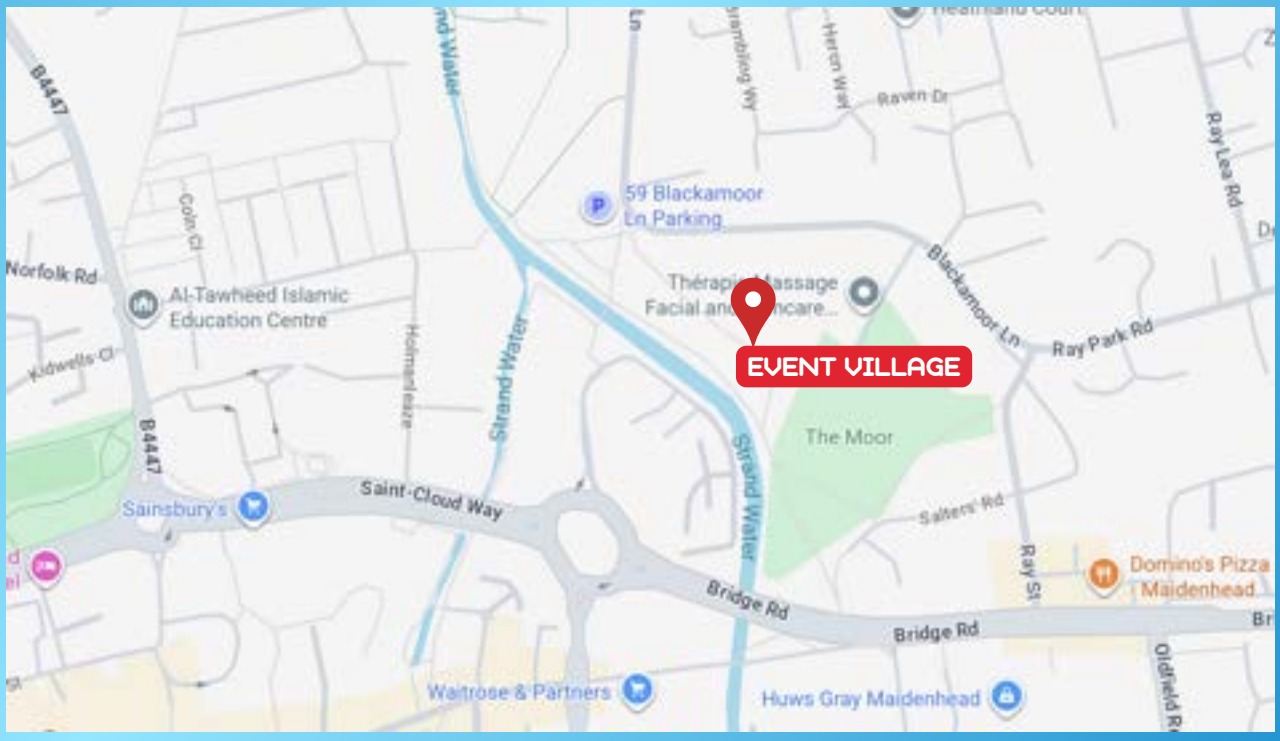
Address: 1 Moorfield Terrace, Maidenhead SL6 8RB

Travel By Car

There will be no parking at the venue, we recommend using public transport or car sharing where possible. Please use parkopedia.com to find somewhere suitable to park nearby.

Travel By Rail

Maidenhead train station is located just 1 mile from the event village (20min walk). If planning to use public transport, please plan your journey in advance as Sunday morning services may be limited.



what3words **Event Village** **///flames.entertainer.cakes**

RACE PACKS

Start Time

9:00am

Race Pack Collection Times

7:30-8:30am

FOR ENTRIES BEFORE THE 10TH OCTOBER, YOUR RACE PACK SHOULD ARRIVE BY POST

- If your pack hasn't arrived or you've entered after this date, on arrival make your way down to the registration desks.
- Your number will be assigned on the day.
- Attach your number to the front of your shirt (we recommend safety pins or magnets).
- Your timing chip will be attached to the bottom of your race bib, tear this off and slot into your shoe laces.





CLICK FOR ENTRY LIST & RESULTS

Please take a couple of minutes to fill out the brief runner information form below and on the back of your bib.

This will help us in case of an emergency!

CLICK FOR FORM

EVENT VILLAGE

FACILITIES

Toilets ✓

Refreshments ✓

Parking ✗

Spectators Welcome ✓

TOILETS

There will be portable toilets available within the event village.

BAG DROP

- Please limit the number of belongings you bring to the event.
- Informal bag drop is within the event village for those who need it.
- Your baggage tag is attached to your race number.
- Tear off the strip and attach it to your bag.
- Leave your bag in our bag drop marquee.
- Collect your bag after your race.

RACE DAY ETIQUETTE

At RunThrough we are massive advocates that running truly is for anyone. Whatever your ability, gender, age or ethnicity, we're here to support you.

Whilst at a RunThrough event, we hope you feel safe, encouraged and included. In order to achieve this, we have a few simple rules we'd like our runners to follow:

- Be considerate and respectful to other runners, staff and members of the public.

- Refrain from demeaning, discriminatory or harassing behaviour and speech.

- Be mindful of your surroundings and your fellow participants.

If you see or experience anything that challenges these or makes you feel uncomfortable, please don't hesitate to visit our Information tent or speak to a member of our team. (We can be found in Blue High-vis jackets!) Or if you prefer you can email us at info@runthrough.co.uk.

We're always available to deal with any issues, offer support or simply just have a chat! We're on hand to ensure everyone has the best race day experience possible and feels supported throughout the day.

WARM UP & RACE START

We will have a warm up in the event village 20 minutes prior to the start of the race.
From here, we will call out estimated finish times to get all runners lined up and ready to run.

DURING THE RACE

There will be marshals all around the course as well as mile signs and arrows.

You will follow yellow mile markers 1-13

The event starts at the Moors and follows a fully road closed, 2 lap course with a mixture of town centre and scenic countryside areas along the route.

Due to the nature of the 2 lap course, we ask that you remain to the left of the path at all times unless otherwise instructed by signage or a marshal. This will allow for anyone needing to overtake or pass to have a clear path on your right and ensure not only everyone's safety but allow for the best experience throughout the race.

Please drain and discard all litter and bottles within the signed litter zones. There will be large bags and bins within these areas that you will pass shortly after each water station.

A limited number of SiS gels will also be provided at the 2nd water station. If you choose to take a gel or provide your own, please retain the packets and tear off tops on your person, or discard within the bins provided. With respect for the marshals, venue and environment, littering of any kind won't be tolerated.

LOOK OUT FOR THE LITTER ZONE SIGNAGE!







WATER STATIONS

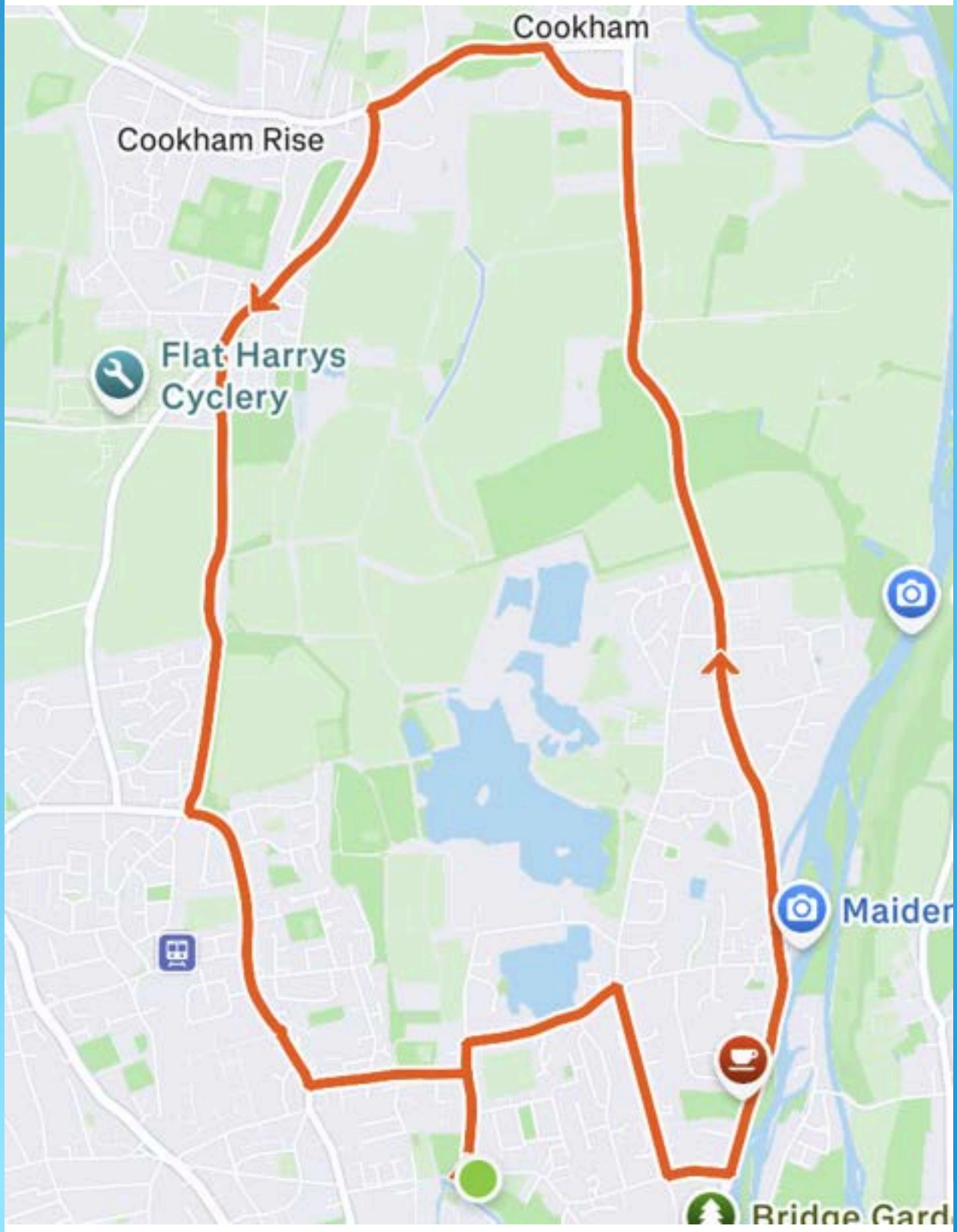
There will be 4 water stations, at approximately 3.5k, 10k, 13.5k and 20k along the course.
Please help yourself as you pass.

There will also be a bottle of water waiting for you at the finish line.

We recommend bringing your own water to stay hydrated in the lead up to the event.

COURSE MAP

THE ROUTE



CLICK FOR INTERACTIVE MAP



THE FINISH LINE

Please continue walking through the finish funnel to collect your medal and all your post-race goodies!

These will consist of a bottle of water and snacks from our sponsors.





Event T-Shirts

If you have purchased an event T-shirt with your race entry, please head to the RT Kit stall on the day of your race, with your order confirmation and we will have your item ready for collection!

If you've not pre-ordered a T-shirt, but would like to purchase one, these are available below.

(Please note: Kit purchased within 4 days of the race may not be ready to collect.
Any kit not ready for collection will then be posted out.)

PURCHASE AN EVENT T-SHIRT



PHOTOS

We will have a photographer taking a few snaps of the race, which will be made available on our photos page after the race.

click the camera to visit the page!

Please check out our X account @runthroughuk and use the hashtag #Runthroughuk in the build-up to the race.

If you want to talk all things running before and after the event join our RunThrough South Facebook Page.

To listen to all things running, RunThrough and inspiring stories, check out the Gone Running Podcast!

If you #RunThroughSouth on Instagram with your race day collages, the best ones will feature on our page!

click the icons to visit our pages!

Cheer on your friends, celebrate your achievements and share your story with us! We love to hear from you!

Click the QR to fill out the form with your event day shoutout requests!



RESULTS AVAILABLE AT WWW.RESULTS.RUNTHROUGH.CO.UK

GET INVOLVED!

Here at RunThrough we are always looking for likeminded people to join our community.





PACER & FINISH LINE FRIENDS

- £10 RTKIT VOUCHER
- £40 RACE CREDIT

VOLUNTEERS

- £65 RACE CREDIT
- £10 RTKIT VOUCHER





WWW.RUNTHROUGH.CO.UK/VOLUNTEER

F.A.QS

How will my results show?

Results will be listed in Gun Time order (time from the start of the race, to you finishing). You will also be able to see your Chip time (the exact time from when you cross the start line to your finish). The difference between times may be due to it taking a few minutes to get everyone over the start line.

Your category is determined by your age. Under 35 is classed as a senior and 35+ is listed as Vets in 5-year increments.

This will further be categorised as Female, Male or Open (non-binary, or those who prefer not to say)

What is the minimum age for this event?

HM-17

Is there a time restriction to complete the race?

Yes due to road closures in place, please contact us at info@runthrough.co.uk if you plan to take more than 3hrs as we may need to make special arrangements on the course and in the event village.

I can no longer make the event, can I get a refund?

We are sadly unable to refund or transfer your entry within 14 days of the race. Your race pack and everything associated with your entry fee has already been paid for by this time. We'd love for you to run virtually and we can post out your medal and goodies!

Can I transfer my entry to a friend?

We are sadly unable to transfer your entry or edit associated details within 14 days of the race as your race pack and everything associated with your entry have now been processed.

Will there be a water station on the course?

Yes, we will have 4 bottled water and gel stations for you to help yourself to as you pass. Please drain bottles before discarding.

Am I allowed to wear headphones?

Headphones are not permitted unless bone conducting. Should you choose to wear these, please keep the volume low and remain aware of your surroundings and marshal instructions.

When will I get the add-on RTKit I ordered with my entry?

This will be available to collect at the RTKit Stall on the day. Please have your email confirmation ready to show to our staff.

Where should I park for the event?

We advise using Parkopedia.com to find somewhere suitable. There is no event specific parking.

Where is the best place to spectate?

We advise staying within the event village to be sure you catch the finish! You're welcome to walk around the course, however, if you're following the race route, please be respectful of road closures in place HERE.

Will there be a prize giving?

Yes, there will be a prize giving on the stage for the top 3 male and females.

1st in each age group can expect an email reward in the week following the race. There will also be prize money (£200- 1st | £150- 2nd | £100- 3rd) sent out, only for those who beat the following times:

Men's Sub 67:30 mins, Women's Sub 75 mins

Check out our podium and photo wall to get your celebratory pictures!

THE PERFECT RUNNING PAIR

JB's TREK. | RunThrough



9G PLANT PROTEIN

NATURAL INGREDIENTS

SOURCE OF FIBRE

THE OFFICIAL SNACK BAR & PROTEIN BAR PARTNER OF RUNTHROUGH

RunThrough

SiS
SCIENCE IN SPORT

OFFICIAL ENERGY GEL PARTNER OF RUNTHROUGH

Provided on course for every runner to help fuel your performance.

22G
CARBOHYDRATES

ISOTONIC FORMULA

INFORMED SPORT
APPROVED

AIM FOR 60G OF
CARBOHYDRATES
PER HOUR



Voltarol
The joy of movement

RunThrough

MAXIMUM STRENGTH PAIN RELIEF FOR **SPRAINS, STRAINS** AND **SPORTS INJURIES**



Always read the label

UP TO 12 HRS

UP TO 12 HOURS OF TARGETED ANTI-INFLAMMATORY RELIEF

POWERFUL ANTI-INFLAMMATORY TARGETS THE SOURCE OF PAIN

WORKS DEEP IN THE MUSCLE TISSUE FOR A FASTER RECOVERY*

*Vs non-medicated gel.

THE **OFFICIAL PAIN RELIEF PARTNER** OF RUNTHROUGH

givestar

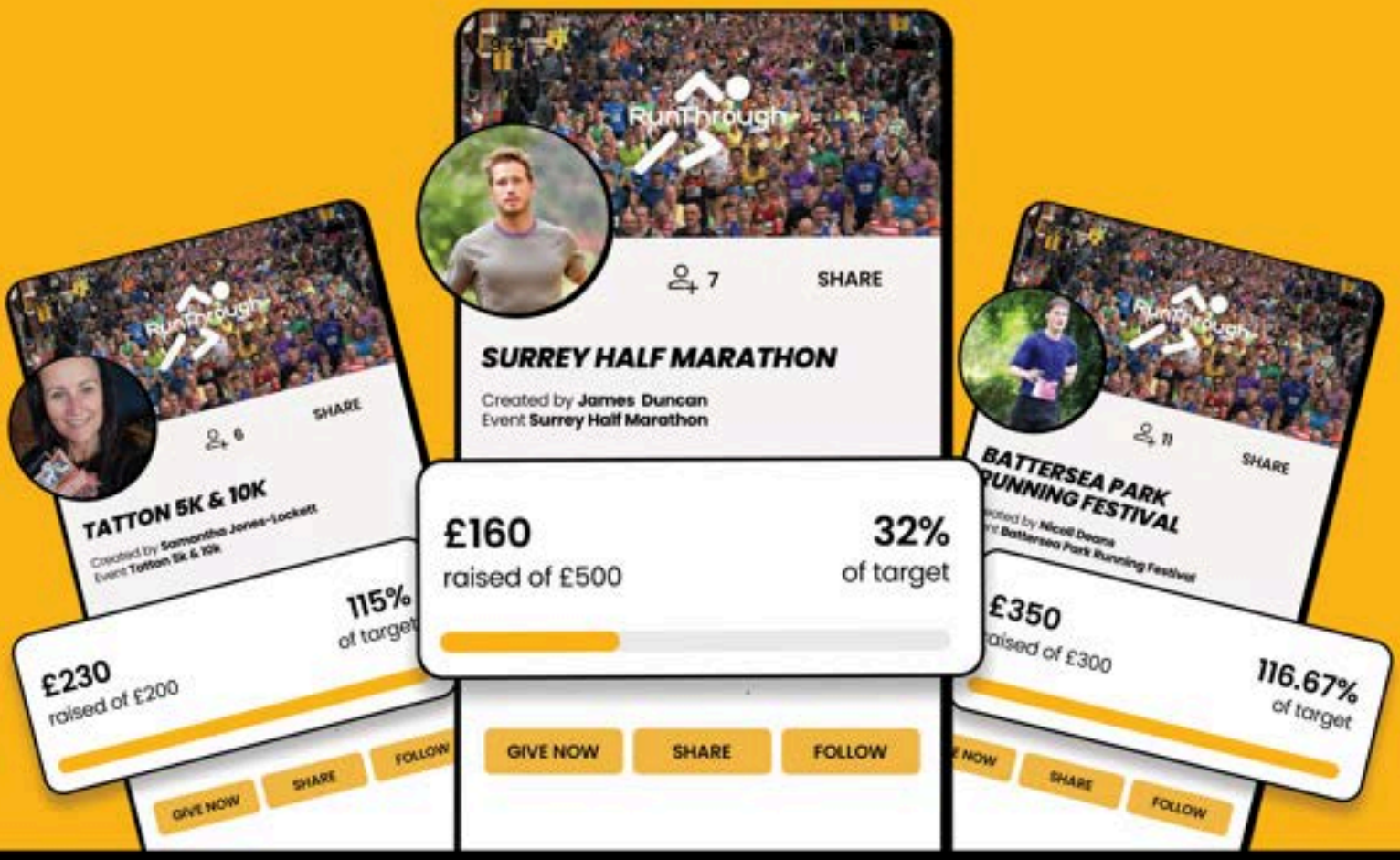
Download on the App Store

GET IT ON Google Play

THEY'RE MAKING A DIFFERENCE, ARE YOU?

Join thousands of runners making a difference, and start fundraising on givestar today to make every step count.

GET FUNDRAISING



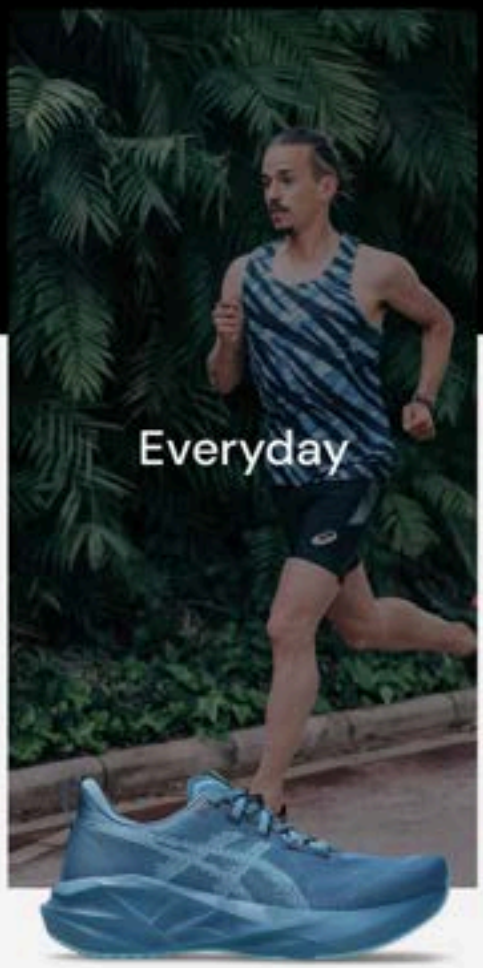
OFFICIAL FUNDRAISING PLATFORM

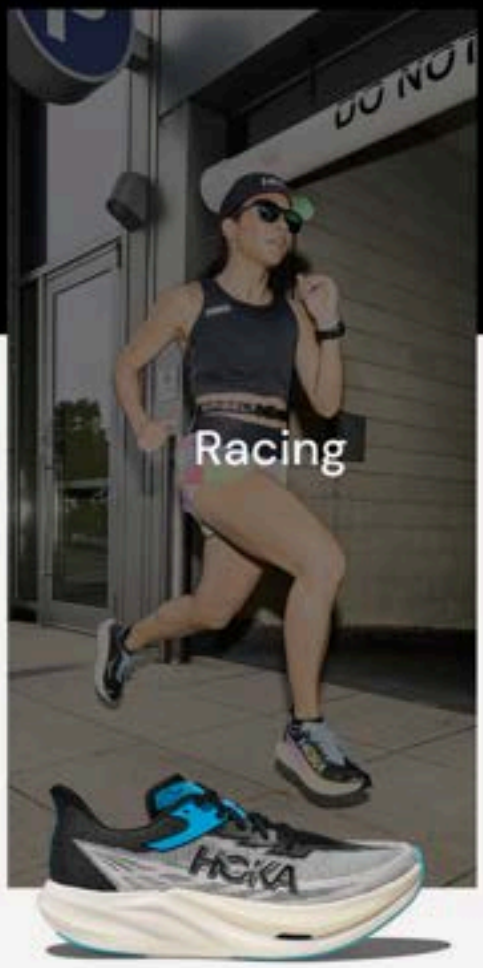
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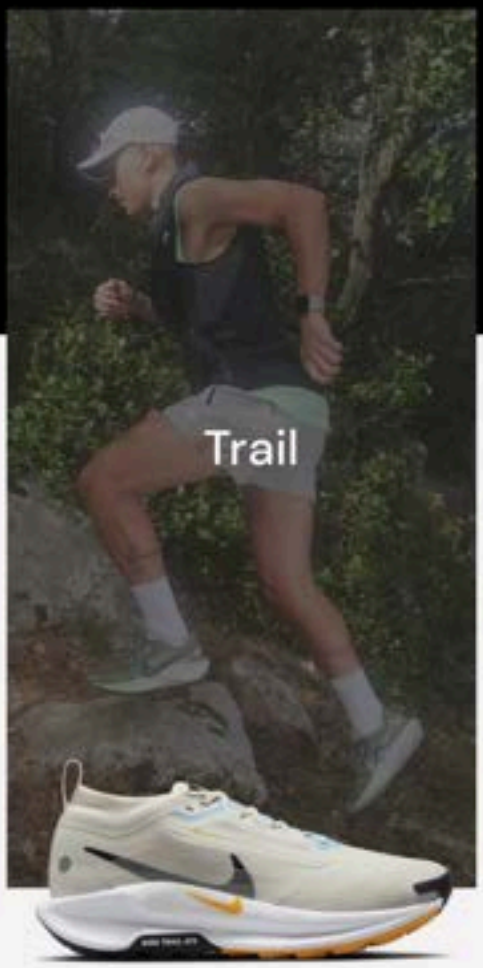
Certified B Corporation

SPORTSSHOES.COM

Get 15% off our latest launches*







asics

NOVABLAST 5

The Asics Novablast 5 is a great and lightweight everyday running shoe that offers an extra bounce on steady runs.

HOKA

ROCKET X 3

The Hoka Rocket X 3 is a super fast carbon shoe, built for achieving your personal best.

RUN

PEGASUS TRAIL 5

The Nike Pegasus Trail 5 provides responsive cushioning and a waterproof Gore-Tex wet weather protection for trail running.

CHECK YOUR PRE RACE EMAILS FOR YOUR DISCOUNT CODE!

Ts&Cs apply*

Get 15% off AW25



SPORT

Fuel your work out with electrolytes. Before, during and after exercise.

ULTRA

Don't let dehydration slow you down. Optimised electrolyte and Carbohydrate formula.

Hydrate your journey, embrace the challenge and make every step count!

Good Luck Runners!

You've got this with Nuun Hydration!

RunThrough
Official Partner

Click to follow @nuunhydrationuk

#nuunuk #nuuniverse #nuunhydration

Carbohydrate-electrolyte solutions enhance the absorption of water during physical exercise.

BROOKS



RunThrough

OFFICIAL PARTNER

ENDLESS ENERGY IN THE GLYCERIN MAX

LOVE, CORN x RunThrough

CRUNCHY CORN "OFF THE COB

- 50% LESS FAT*
  *in comparison to potato crisps
- HIGH FIBRE
- LOW SUGAR
- GLUTEN FREE

FUEL YOUR RUN



TRY OUR FLAVOURS





PLAY CORN HOLE, WIN PRIZES!

Get CORN-petetive with our corn hole game in the event village! Make sure you record your score by scanning the QR code at events to be in with a chance of winning race entries, LOVE CORN merch and more!

20% OFF

your next order amazon

USE CODE:
RUNRUNRUN
amazon.com/lovecorn













RT KIT

Any pre-ordered kit can be collected at the RTKit stall, please have your order confirmation ready to show our team.

Check out the RTKit Stall located in the event village.

www.RunThroughKit.com


RUNNER RETREATS
RETREATS | CAMPS | WORKSHOPS
FOR RUNNERS OF ALL ABILITIES
FIND OUT MORE
FOUNDED BY
RunThrough
NEW LEVELS COACHING

RunThrough

Supported by...

RT KIT

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JB's TREK

Voltarol The joy of movement

BROOKS

SiS SCIENCE IN SPORT

nuun HYDRATION

givestar

RUNNER RETREATS

LOVE, CORN

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Interested in supporting an event? email: sam.williams@runthrough.co.uk