



EAST YORKSHIRE 10K & HALF MARATHON SUNDAY 21ST JUNE 2026

EVENT GUIDE



YOUR RACE EXPERIENCE

03 WELCOME

04 TRAVEL

05 RACE PACK

06 EVENT VILLAGE

07 WARM UP & RACE START

07 DURING THE RACE

08 COURSE MAPS

09 FINISH LINE

10 RESULTS & PHOTOS

**11 OUR PARTNERS
AND OFFERS**



WELCOME

The RunThrough Team is excited to have you join us for your upcoming race!
Our mission is straightforward:

TO INSPIRE ACTIVE NATIONS THROUGH RUNNING.

By hosting inclusive and welcoming events for everyone, fuelled by our shared passion for running and community, we strive to create events that leave lasting memories for every participant.

Our team is a diverse blend of running enthusiasts and seasoned event organisers. With countless race experiences, we are experts at event organising while understanding the journey of all runners.

Rest assured, whether you're chasing a PB or completing your first race, you're among friends who understand the exhilarating highs of completing an event.

As race day approaches, safety is our top priority. Our team (pictured) will be on the ground doing everything to ensure you have the best experience at this RunThrough event.

We look forward to seeing you on race day, don't hesitate to say hello!

Wishing you the best on race day!

The RunThrough Team



JAMES

REUBEN

JASON

TIM

CHRIS

TRAVEL

Address: Burton Constable Hall, Skirlaugh, Hull HU11 4LN

Please arrive early and car share where possible. As with many sporting events, please anticipate queues arriving at the venue.

We will have marshals at the entrance from 6:45 am to help you park.

By Car: Burton Constable Hall is located just off Pasture Lane, just off the A165 between Hull and Skirlaugh.

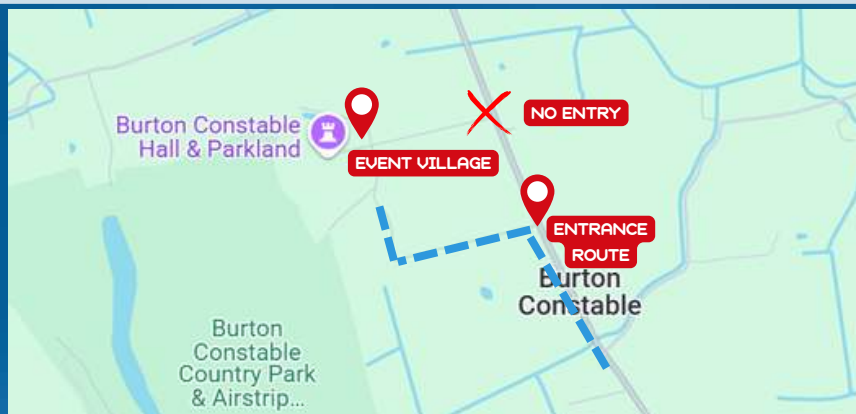
Free parking on site, and will be sign posted from the entrance to the Hall. Burton Constable Hall is surrounded by 330 acres of stunning historic Grade II* listed parkland – the best documented example of a landscape designed by Capability Brown. Please take great care when parking and follow the instructions of the venue parking team.

Please note, as this is a road closed race, the road's around the venue will be closed throughout the morning- please see the full road closure timings [HERE](#). We advising arriving from the South via Sproatley and not via Old Ellerby, New Ellerby or Marton where possible to avoid any delays caused by the race routes.

We recommend arriving at least one hour before the race, as with all major events expect there to be delays on arrival to park your car.

Any spectators should also plan to arrive early to ensure they're not caught out by the closures in place.

By Public Transport: The nearest train station is Hull. From here you can catch a 35minute taxi to the Hall. Please check train times in advance as Sunday services may be limited.



what3words

Event Village:

///drank.haircuts.surnames

RACE PACK

START TIMES

HM	9:00am
10K	9:45am

RACE PACK COLLECTION TIMES

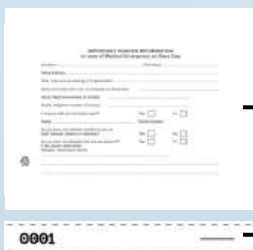
HM	7:30-8:30am
10K	8:15-9:15am



FOR ENTRIES ON OR BEFORE THE 3RD JUNE YOUR RACE PACK SHOULD ARRIVE BY POST

If your pack hasn't arrived by 18th June please email us at info@runthrough.co.uk and we'll make sure you have a replacement to collect on the day.

- If you've entered after the 3rd June, on arrival make your way down to the registration desks.
- Your number will be assigned on the day.
- Attach your number to the front of your shirt or shorts (we recommend safety pins or magnets).
- Please ensure your bib is on display at all times.
- Your timing chip will be attached to the back of your race bib, please do not tamper with or try to remove this.



INCLUDED:

**BIB NUMBER
& TIMING CHIP**

BAGGAGE LABEL



Please take a couple of minutes to fill out the brief runner information form below and on the back of your bib.

This will help us in case of an emergency!

[CLICK FOR ENTRY LIST & RESULTS](#)

[CLICK FOR FORM](#)



EVENT VILLAGE

FACILITIES

TOILETS



REFRESHMENTS



PARKING



**SPECTATORS
WELCOME**



TOILETS

For this event we will use portable toilets located in the event village.

If you live locally we recommend using toilets at home.

BAG DROP

- Please limit the number of belongings you bring to the event.
- Informal bag drop is within the event village for those who need it.
- Your baggage tag is attached to your race number.
- Tear off the strip and attach it to your bag.
- Leave your bag in our bag drop marquee.
- Collect your bag after your race.

RACE DAY ETIQUETTE

At RunThrough we are massive advocates that running truly is for anyone. Whatever your ability, gender, age or ethnicity, we're here to support you.

Whilst at a RunThrough event, we hope you feel safe, encouraged and included. In order to achieve this, we have a few simple rules we'd like our runners to follow:

- **Be considerate and respectful to other runners, race staff & members of the public.**
- **Refrain from demeaning, discriminatory or harassing behaviour and speech.**
- **Be mindful of your surroundings and your fellow participants.**
- **Help us keep the course pleasant for everyone by refraining from pushing, spitting and littering.**

If you see or experience anything that challenges these or makes you feel uncomfortable, please don't hesitate to visit our Information tent or speak to a member of our team. (We can be found in Blue High-vis jackets!) Or if you prefer you can email us at info@runthrough.co.uk.

We're always available to deal with any issues, offer support or simply just have a chat! We're on hand to ensure everyone has the best race day experience possible and feels supported throughout the day.

WARM UP & RACE START

We will have a warm up in the event village 15 minutes prior to the start of each race. From here, we will call out estimated finish times to get all runners lined up and ready to run.

DURING THE RACE

We will have marshals all around the course as well as distance signs and arrows.

Half Marathon will follow Yellow mile signs 1-13.

10k will follow Green km signs 1-9.

The course follows a road closed loop around West Newton and New Ellerby, starting and finishing at Burton Constable Hall.

There will be a number of locations where the half marathon & 10k races will diverge and come together, please be aware of the signage in place and listen for marshal instructions.

Please drain and discard all litter and bottles within the signed litter zones, shortly after each water station. There are no road sweepers, our event team picks up all litter by hand, so please help them to keep the course litter free for other runners and the local community.

SiS gels will also be provided at the 3rd water station on the half marathon course. If you choose to take a gel or provide your own, please retain the packets and tear off tops on your person, or discard within the bins provided. With respect for the marshals, venue and environment, littering of any kind won't be tolerated.

Due to road closures in place, please contact us at info@runthrough.co.uk if you plan to take more than 3hrs as we may need to make special arrangements on the course and in the event village.

WATER STATIONS

There will be a water station at 3, 5, 8.5 and 11.5 miles along the half marathon course, and at 5km on the 10k course.

There will also be a bottle of water waiting for you at the finish line.

We recommend staying hydrated in the lead up to the event.



Please note, headphones are not permitted, unless bone conducting. Should you choose to wear these, we ask you keep the volume low in order to remain aware of your surroundings at all times and can hear any marshal instructions during the race.

LOOK OUT FOR THE LITTER ZONE SIGNAGE!



COURSE MAP



[CLICK FOR 10K INTERACTIVE MAP](#)

[CLICK FOR HALF MARATHON INTERACTIVE MAP](#)



THE FINISH LINE

Please continue walking through the finish funnel to collect your medal and all your post-race goodies!

These will consist of a bottle of water and snacks from our sponsors.



THE MEDAL



EVENT MERCH

If you have purchased an event T-shirt or hoodie with your race entry, please head to the RT Kit stall on the day of your race, with your order confirmation and we will have your item ready for collection!

If you've not pre-ordered kit, but would like to purchase some, these are available below.

(Please note: Kit purchased within 4 days of the race may not be ready to collect. Any kit not ready for collection will then be posted out.)



PURCHASE HERE

RESULTS & PHOTOS

PHOTOS

We will have a photographer taking a few snaps of the race, which will be made available on our photos page after the race.

Click the camera to visit the page!



SOCIAL MEDIA



runthroughuk



Click the icons to visit our pages!

Shoutout your friends, celebrate your achievements and share your story with us! We love to hear from you!



Click to see our FAQ's or chat to our AI assistant for instant answers, or request to speak with a member of our team if you need further support.

**RESULTS AVAILABLE AT
WWW.RESULTS.RUNTHROUGH.CO.UK**

RUNTHROUGH RANKINGS

Find your times, follow your progress and watch the small wins add up across the RunThrough community at www.RunThroughRankings.com



GO FURTHER SEE MORE

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Use code: RTEVENTS15

[SHOP THE FULL RANGE](#)

STRUCTURE

INSPIRATION

SUPPORT

GUIDANCE

TAKE YOUR RUNNING TO NEW LEVELS

REAL COACHES FOR REAL RUNNERS.





GET INVOLVED!

VOLUNTEERS

RACE ENTRY CREDITS VALUED AT:

- **£40 - 5K/10K**
- **£65 - HALF MARATHON**
- **£100 - MARATHON/ULTRA**

RT KIT REWARDS ON MULTIPLE EVENTS ATTENDED



Here at RunThrough we are always looking for like-minded people to join our community.

WWW.RUNTHROUGH.CO.UK/VOLUNTEER



SUMMER TRIPLE SERIES

THREE MONTHS, THREE EVENTS, ONE EPIC ACHIEVEMENT.



JUNE

Run any eligible
RunThrough
event

JULY

Run any eligible
RunThrough
event

AUGUST

Run any eligible
RunThrough
event

RUN ONE EVENT IN **JUNE**
ONE IN **JULY**
ONE IN **AUGUST**

EARN YOUR SUMMER TRIPLE SERIES MEDAL!



SIGN UP FREE

Get a 10% discount code to
use on any eligible June,
July or August event.



COMPLETE ALL THREE

and earn your exclusive
Summer Triple Series
Medal.



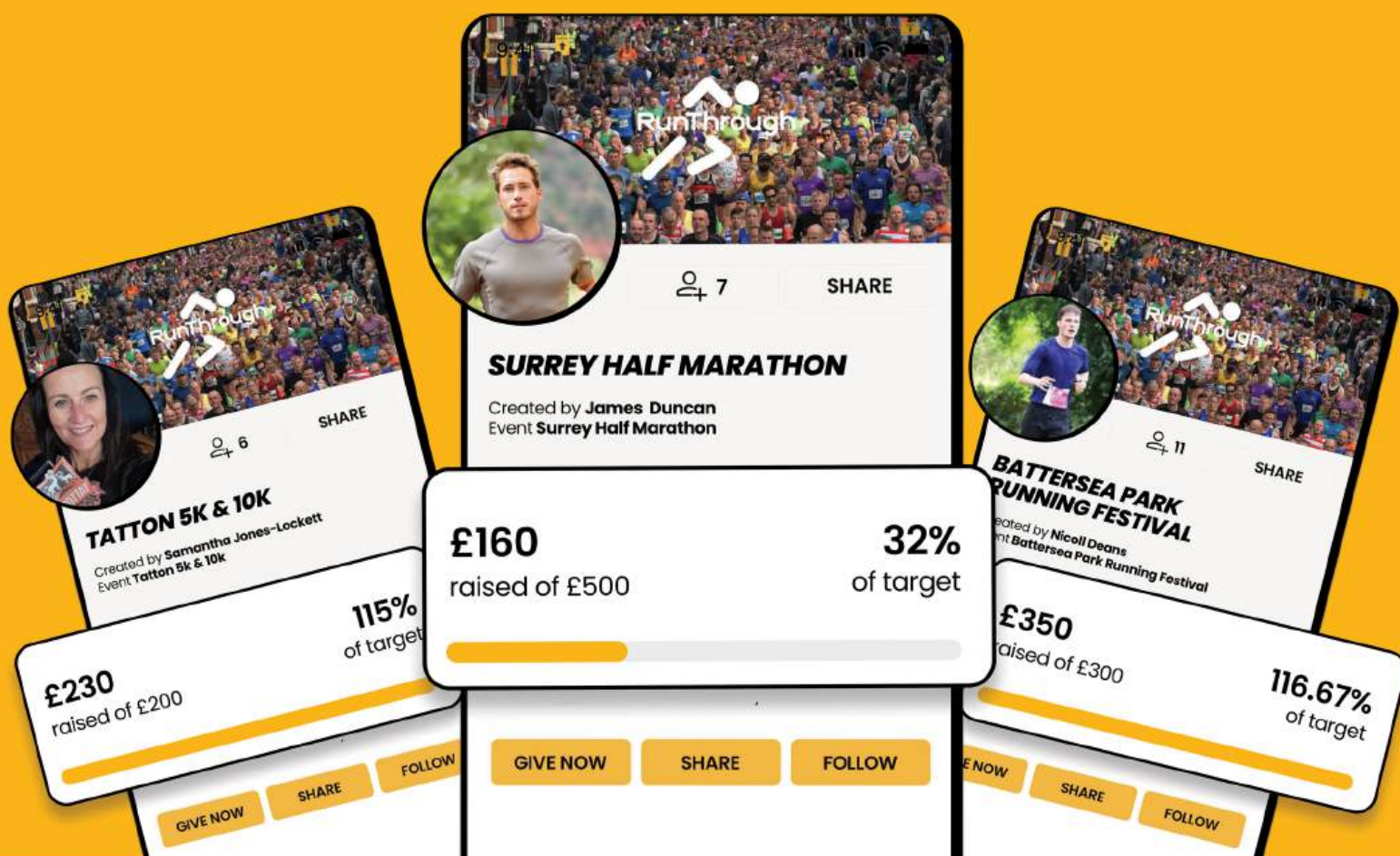
NO ADDITIONAL COST

Just run and get your
extra medal at the end of
summer!

THEY'RE MAKING A DIFFERENCE, ARE YOU?

Join thousands of runners making a difference, and start fundraising on givestar today to make every step count.

GET FUNDRAISING





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ANTI-INFLAMMATORY
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OF PAIN



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*vs non-medicated gel.

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There's a  for that

Vitamin B12 contributes to normal energy-yielding metabolism and the reduction of tiredness and fatigue.



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Food supplement for adults. Do not exceed the daily recommended dose. Do not use as a substitute of a varied & balanced diet, and a healthy lifestyle. For directions for use, refer to product label.

WELCOME TO THE HOUSE *of* SPORTSSHOES

THE FLAGSHIP RUNNING STORE
IN SHOREDITCH, EAST LONDON.

More than a place to shop - House of SportsShoes is a space to learn, connect and train. Get advanced gait analysis in the in-store Running Lab, experience performance-led events and shop curated collections from world-leading running brands.

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[Find Out More](#)

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Improve technique & performance
Supportive environment for all abilities

[FIND OUT MORE](#)

**RUNNER
RETREATS**

MORZINE RUNNING RETREAT

21ST-27TH JUNE 2026

YOUR DREAM RUNNING HOLIDAY AWAITS

[FIND OUT MORE](#)



Supported by...



BROOKS



SPORTSSHOES.COM

Interested in supporting an event?

Email: partners@runthrough.co.uk