

BRECON BEACONS

10k, 24k & 51k

Saturday 9th August

Presented by



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EVENT GUIDE



TRAILS



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Sam Calvert
Brecon Beacons Race Director

I am incredibly excited to welcome you all to the Brecon Beacons 10k, 24k & 51k in just a few short days. Myself and the whole team have been working hard to put on the highest quality event possible, and we cannot wait to have you along.

Our team is made up of passionate runners and outdoor enthusiasts, who have come together to make up a collective of people who are both experts at organising events and experienced participants, having taken part in hundreds of races throughout our personal running journeys. Our motto at RunThrough Trails is 'Run Inspired', and we hope you can come away fully experiencing that.

We will have many runners for whom this will be their first time taking part in any trail race, as well as runners who have competed in multiple ultra-distance trail events throughout their lives. I'm sure you will go through some tough moments, but this is why we take on such challenges - to test ourselves and step outside our comfort zones to learn more about who we are.

It is also of the utmost importance to me and my team that you do so in the safest way possible. With this in mind, I will personally be heading out in the early hours of race day with a few members of our team to do a final course check before our pre-race runner briefing.

I can't wait to see you all on race day, so please come and say hello. I'll be there setting you off at the start, and the best part of my job is welcoming you over the finish line!

All the best of luck and see you soon!

Sam Calvert
RunThrough Trails Brecon Beacons Race Director



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TRAILS

ARRIVAL

The event village and start for all three distances is at Henderson Hall, Talybont-on-Usk, Brecon ([w3w: ///update.swept.sofas](http://www.update.swept.sofas.com)). All race parking is at Gilestone Farm on Station Road - please see page 6 for details.

START LOCATION: Henderson Hall, Talybont-on-Usk, Brecon



Click the map
for directions





TRAILS

ARRIVAL

Parking is at Gilestone Farm just off Station Road. Please see the map below with the walking route to the event village, which takes approx. 20 mins. Please allow enough time to park up and get to your start with this walk factored in.





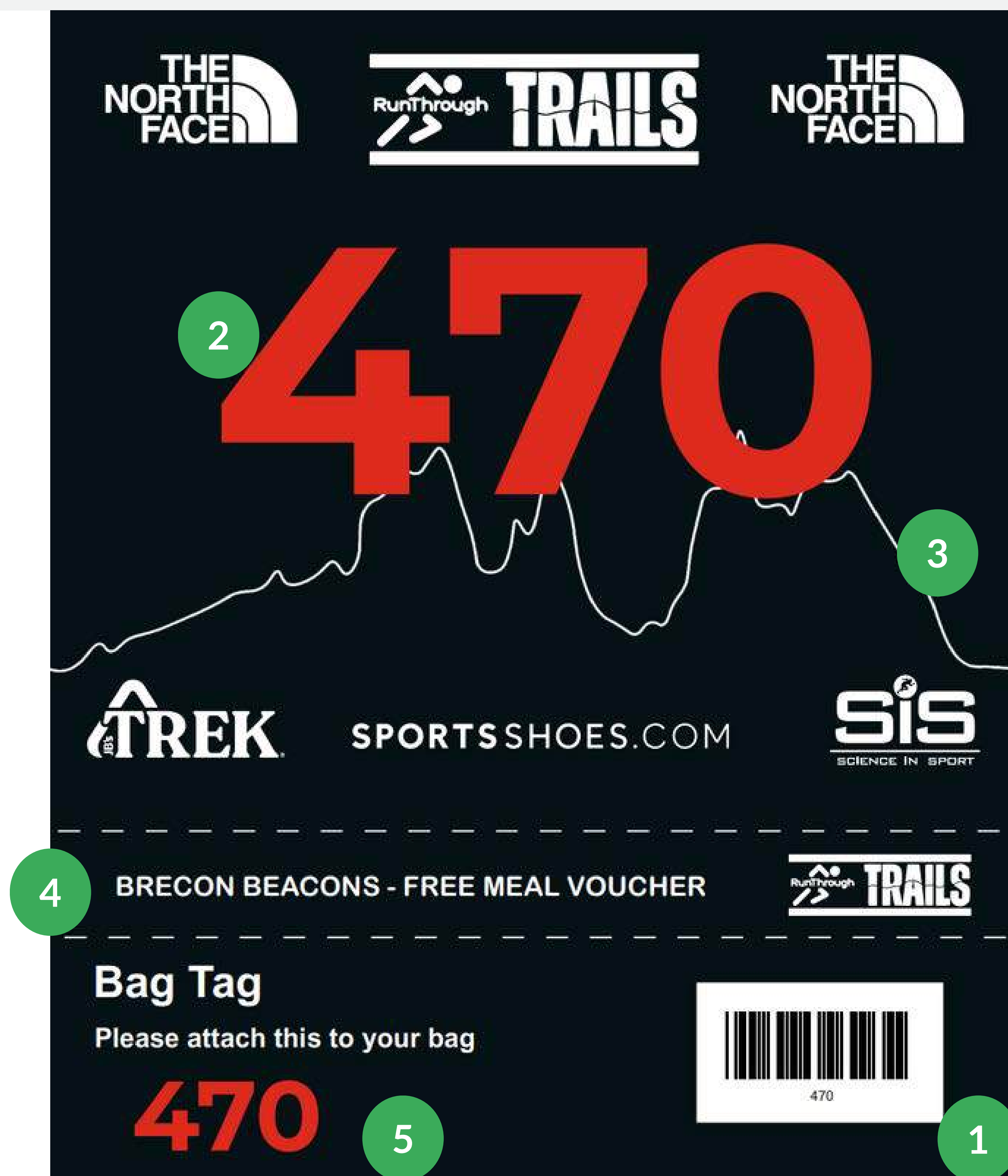
TIME	WHAT	WHERE
6:30am	Event Village open	Henderson Hall
From 6:30am	Race Pack Collection	Registration Desk in Event Village
6:30-7:30am	GPS Tracker Collection - 51k	Registration Desk in Event Village
7:45am	51k Race Briefing	Henderson Hall - Start Line
8:00am	51k Race Start	Henderson Hall - Start Line
8:45am	24k Race Briefing	Henderson Hall - Start Line
9:00am	24k Race Start	Henderson Hall - Start Line
9:15am	10k Race Briefing	Henderson Hall - Start Line
9:30am	10k Race Start	Henderson Hall - Start Line
7:15pm	Last aid station cut-off	Aid Station 4: Llanfigan
8:00pm	Finish cut-off	Henderson Hall - Finish Line



TRAILS

YOUR RACE BIB

10k & 24k race packs will be posted out ahead of the event, but if yours hasn't arrived, it will be available for collection on race morning from our registration desks. 51k race packs will all be for collection on the day - please collect this before collecting your tracker as your barcode will need to be scanned. Please allow enough time to collect this and get to your race start.



1

Barcode for live tracking (51k only)

2

Bib number

3

Course elevation profile (so you can anticipate every hump n bump!)

4

Free food voucher - take your bib to a vendor of your choice after your race for a free re-fuel!

5

Baggage tag - attach this to your bag before handing it in



All three routes begin in the picturesque village of Talybont-on-Usk and lead you straight into the heart of the Brecon Beacons National Park. Whether you're tackling the 10k, 24k or 51k, you'll take on a mix of rugged trails, steady climbs, and wide-open views across the hills and surrounding countryside. From shorter scenic miles to an all-day ultra adventure, each route offers a memorable journey through this breathtaking Welsh landscape.

The routes will be well flagged with different colours for each route, and there will be several marshals out on course to keep you on track.

Please see information [here](#) from the NNSS on protecting the environment.



[CLICK FOR GPX](#)

THE COURSES - 24K



CLICK FOR GPX



CLICK FOR GPX

RACE START:

There will be a race briefing 15 minutes prior to each race start. Here the race director will talk through the course, any potential hazards on the route and other important race information.

DURING THE RACE:

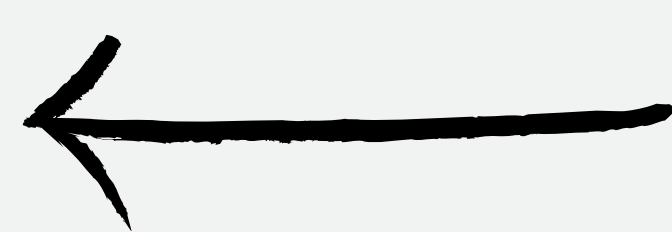
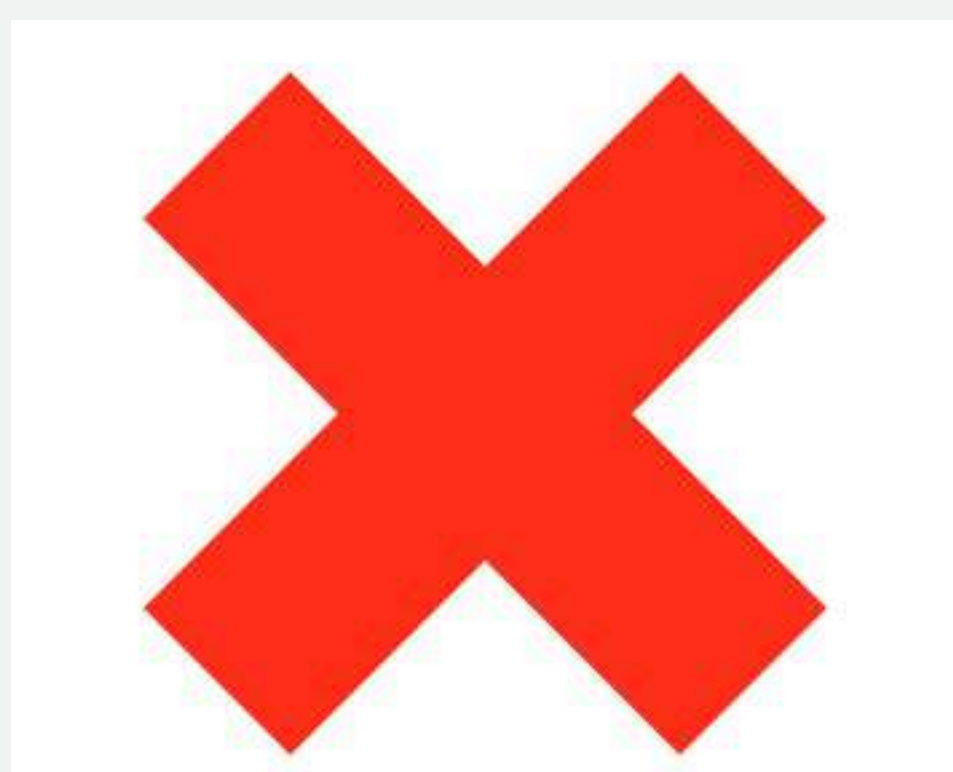
The route will be well marked with trail flags and arrow signage. Please ensure you download the GPX file onto a watch or phone to help you follow the route.



All runners will follow **red** course signs. If you haven't seen a flag or sign for more than a few hundred metres, turn around and re-find the course.

There are stiles and gates on route so please be cooperative and understanding of fellow participants should any queues form. We will have excellent marshals positioned at key points to help you find your way if needed.

The route utilises public walking paths. Please be respectful of other trails users during the race. Please also take all rubbish with you until you find a bin.



If you see this sign, you've gone the wrong way. Just do a 180 and you should get back on course easy-peasy

This event is entirely cupless! We love the environment so ask that all runners bring your own bottles/reusable cups in order to fill up liquids, as we won't be providing bottled water at our aid stations. We will be selling soft flasks for anyone who needs them on the morning. On the same note, and a bit of race etiquette we're sure you already know - please keep all rubbish on you and dispose of it when you see a bin. There will be bins at every aid station.

LOCATIONS AND CUT-OFFS

There is a 12hr cut off for the whole race, with internal cut-offs for each aid station listed below. If you haven't reached an aid station in time, you will officially be removed from the race and led back to the event village by a marshal. The 51k course will pass all four aid stations, and 24k runners will pass two.



Aid Station	Location	Cut-Off (51k)
Aid Station 1	Torpantau	10:30am
Aid Station 2	Pont ar Daf	1:15pm
Aid Station 3	Cwm Gwdi	3:30pm
Aid Station 4	Llanfigan	7:15pm
Finish	Henderson Hall	8:00pm



Spectators are more than welcome to come along and cheer on runners at this event. We also allow crew for this event.

SPECTATORS

As well as our main event village at Henderson Hall, spectators are welcome to walk around the route, but to be respectful of other runners on the paths so as not to cause an obstruction.

If you choose to stay within the event village to see your runners off and welcome them in, we'll have loads of food and drink vendors, music, and generally an incredible race atmosphere!



SPECTATOR/CREW RULES

If you'd like to support a runner and provide aid/extra nutrition along the course, that is absolutely allowed, and the majority of the course can be easily accessed on foot or by car. We recommend downloading the GPX file and coordinating with your runner where you'd like to meet them along the course.

For spectating the 51k, we recommend AS1 (Torpantau) & AS2 (Pont ar Daf). For spectating the 24k, we recommend AS1 (Torpantau).

AS1 - Torpantau - w3w: [///tailed.permit.kept](http://tailed.permit.kept)

AS2 - Pont ar Daf - w3w: [///essays.wimp.outings](http://essays.wimp.outings)

Please do not drive up and park too close to any of the aid stations along the route. These have to be clear of vehicles at all times to provide access for staff and medics. Please do not obstruct the course in any way, and take any litter with you.

Please see information [here](#) from the NNSS on protecting the environment.



TRAILS

LIVE TRACKING



TRACKING INFO

We will have live tracking for all 51k runners, provided by OpenTracking.

Please ensure you **arrive at least an hour before your start** time in order to collect your tracker. Just head to the tracker collection desk with your race bib ready for scanning. Tape will be provided if you wish to attach this to your vest, or you can store it in a secure pocket (not deep in your bag or near foil) for the duration of the race.

Please do not remove your tracker at any point in the race, unless instructed to do so.

When you finish, there will be a marshal collecting these. **Please ensure you do not take this home with you.**

If you have family and friends coming along to spectate/crew, they will be able to dot-watch you with a tracking link provided by email a couple of days before the race!

KIT REQUIREMENTS

10k & 24k

MANDATORY

Capacity to carry 250ml
Fully charged mobile phone with the medic's
number saved
GPS device (e.g. phone/watch/inreach) with
route uploaded
Foil blanket

RECOMMENDED

Trail running shoes
Whistle
Technical running clothing
Hooded waterproof jacket
Sufficient fuel (gels, chews, etc)
Running vest or belt
Headtorch

51k

MANDATORY

Running vest or belt
Capacity to carry 500ml
Fully charged mobile phone with the medic's
number saved
GPS device (e.g. phone/watch/inreach) with
route uploaded
Foil blanket
Hooded waterproof jacket

RECOMMENDED:

Trail running shoes
Whistle
Technical running clothing
Sufficient fuel (gels, chews etc)
Headtorch

MEDIC'S NUMBER

Please have the medic's contact number saved, as you may be required to contact the medical team if you or any other participants require medical treatment out on the course.

Their number will be communicated to you in your final race information email and read out in the pre race briefing.



BAG DROP

There will be a bag drop within the main event village where you can drop your things off to collect after your race.

Your baggage tag is attached to your race number. Just tear this off and attach to your bag, leave your bag in our Bag Drop marquee and then show your number to collect your bag after your race.

TOILETS & SHOWERS

Portable toilets, public toilets and shower facilities are all available at the Event Village.

FOOD AND MERCH STALLS

There will be food and drinks available from multiple vendors within the event village. We'll also have our kit stall where you can find some of our trail bits and bobs that you can pre-order or purchase on the day.

INFO DESK

Our info/registration desks will be open and manned by our lovely marshals. Here you can collect your race pack or ask any last minute questions you might have.

RESULTS

We will have the results online on our website as soon as you finish. If you see any problems with your result, please email us at info@runthrough.co.uk. Click below to go to results page!

[RESULTS](#)



PHOTOS

We will have a photographer taking a few snaps of the race, which will be made available on our photos page after the race. Click below to visit the event photos page!

[PHOTOS](#)



NATIONAL LEAGUE



EVENT T-SHIRTS:

If you have purchased a Brecon event T-shirt with your race entry, please head to the RT Kit stall in the event village with your order confirmation, and we will have your item ready for collection!

If you've not pre-ordered a T-shirt, but would like to purchase one, these are available [HERE](#).



You can also get your hands on a RunThrough Trails branded soft flask, cotton t-shirt, bag, and cap! Available from our kit website [here](#) or to purchase on the day!





Join our Trail Community!

Here at RunThrough Trails we are always on the search for passionate, trail-loving peeps to be a part of our incredible volunteer squad. If you know someone who isn't running at Brecon but would like to get involved behind the scenes, we would love for them to come along!

To show our gratitude we have some lovely benefits, including £100 race credit and a £20 kit voucher! Click below to fill in our registration form.

JOIN THE TEAM



Is the event chip timed?

Yes!

What is the minimum age for this event?

10k - 16 | 24k - 17 | 51k - 20

Is there a time restriction to complete the race?

Yes. The cut-offs are 51k - 12hrs, 24k - 6hrs & 10k - 3hrs, as well as internal cut-offs for each aid station. Please head to page 14 of this event guide for more detail.

I can no longer make the event, can I get a refund?

We are sadly unable to refund or transfer your entry within 14 days of the race as your race pack and everything associated with your entry fee including your medal, and post race goodies have already been paid for by this time. We'd love for you to run virtually and we can post out your medal and goodies!

Can I transfer my entry to a friend or swap distance?

Yes, we can happily swap the names and details associated with a booking. Visit our transfer portal [here](#) to initiate this. If you'd like to change distance, you can do this [here](#).

Will there be water stations on the course?

There will be 4 aid stations along the 51k route, and 2 for the 24k, as well as the finish line. Here, there is a wide selection of food, and drinks that we can re-fill your bottles and cups with. There won't be any bottled water provided, so please bring your own bottles/cups.

Am I allowed to wear headphones?

Headphones are not permitted, unless bone conducting. Should you choose to wear these, we ask you keep the volume low in order to remain aware of your surroundings at all times and can hear any marshal instructions during the race.

When will I get the add-on RT Kit I ordered with my entry?

This will be available to collect at the RT Kit Stall on the day. Please have your email confirmation ready to show to our staff.

How do I get to the event?

Please check pages 5-6 of this event guide for travel and parking information.

Where is the best place to spectate?

You can spectate anywhere along the route, but please just be considerate of the runners passing through, and other trail uses.

Please see page 15 of this event guide for more spectator and crewing information.

Can I have a crew?

Crewing is permitted for this event. Please head to page 15 of this event guide for more information on crewing.

Will there be winners prizes?

There will be trophies for top 3 male and female winners of each race. Winners can also expect an email a few days following the event, with race credit towards another event. Age group winners (V40+) for each race will receive a £10 race credit voucher.

UPCOMING UK SUMMIT EVENTS



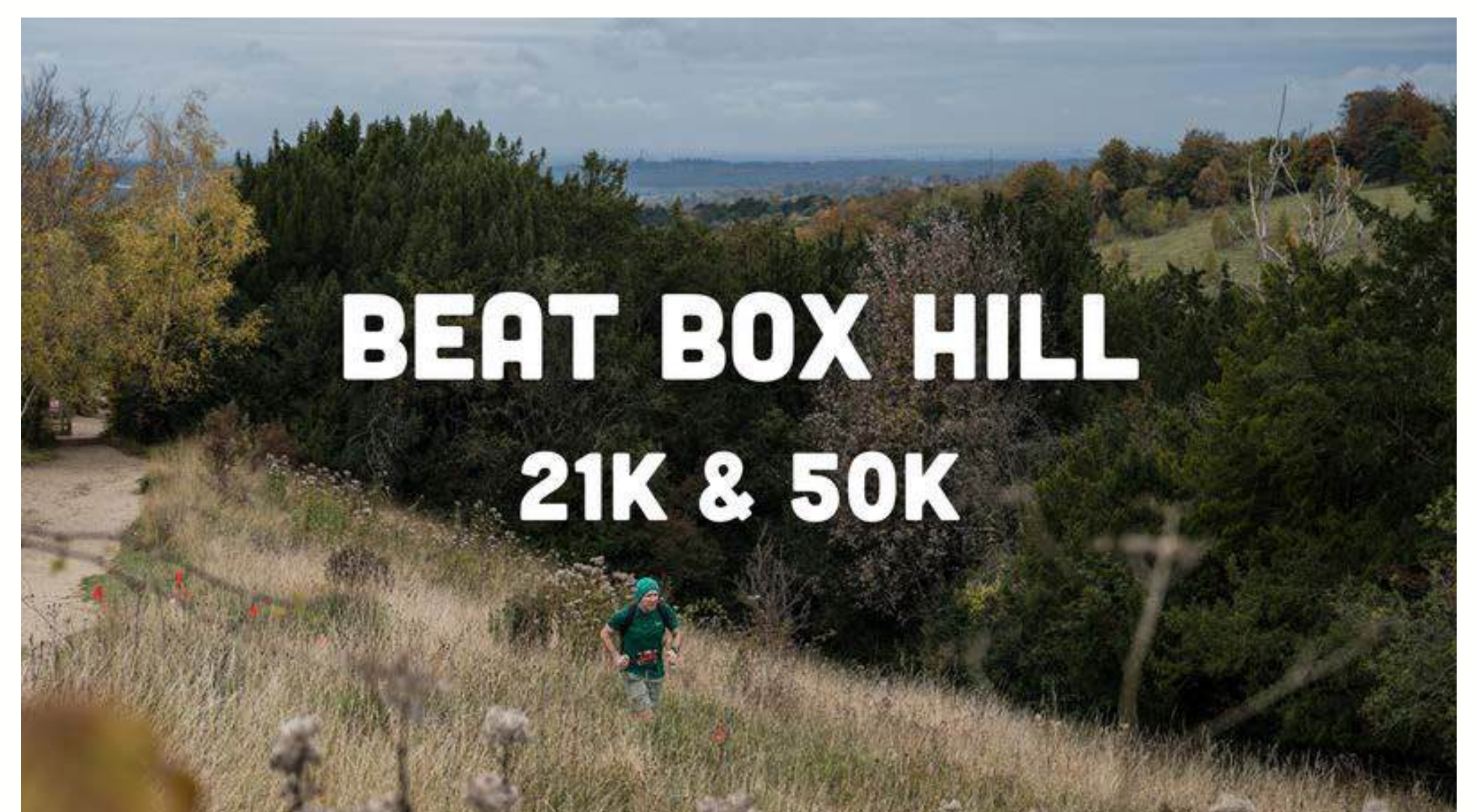
**MORE DETAILS &
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VIEW ALL SUMMIT EVENTS [HERE](#)

Including our 2026 calendar so far



UPCOMING EUROPEAN & SWISS EVENTS



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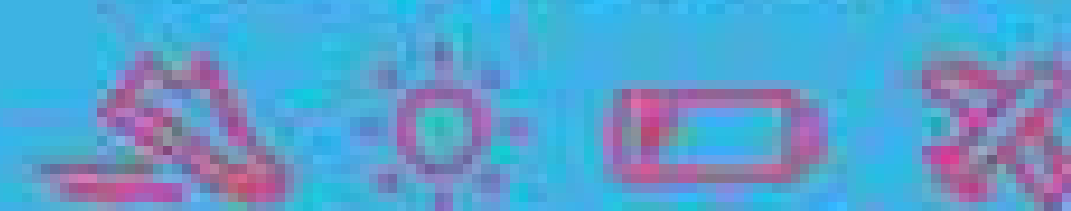
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RT KIT

**Any pre-ordered kit
can be collected at
the RTKit stall, please
have your order
confirmation ready
to show our team.**

**Check out the RTKit Stall
located in the event village.**

www.RunThroughKit.com

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